

Let's Talk

Julia Gabriel
EDUCATION

TERM 2 2019



JULIA GABRIEL CENTRE

May 2019 Holiday Programmes
in CITTA Mall

**CHILTERN HOUSE / JULIA GABRIEL
CENTRE**

Chinese Cultural Evening

EDITORIAL

Dear Parents,

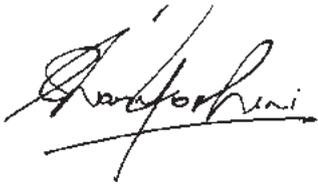
A warm welcome back to Term 2!

Thank you for your participation at our Chinese Cultural Evening that was held on 23rd February. The children were full of enthusiasm when partaking in the activities, and were even cheering on our Mandarin educators during their performances. It was such a delight to see!

We also hosted a Chiltern House Open Week when we opened our doors to prospective parents who were interested to experience the Chiltern House difference in our EduDrama philosophy. We are honoured to be able to share the values of the organisation: Relationship, Holistic education, Care, and Excellence with these parents – values we aim to deliver everyday to our children.

And let's not forget the mid-year holidays are coming soon! Our Julia Gabriel Centre team has arranged an array of exciting programmes for your children to participate in a five-day camp from 27th to 31st May. There will be programmes with exciting topics for the children to discover and explore – from ages 6 months all the way to 9 years old. Register now with our Administrators to secure your space and enjoy our available discounts. More information is available in this newsletter.

Have a wonderful term ahead!



Sharon Roshini Jacob
Principal of Schools


dramaticallydifferent



JULIA GABRIEL INTERNATIONAL - MALAYSIA

Julia Gabriel Centre
www.juliagabriel.com.my

Chiltern House Preschool
www.chilternhouse.com.my

Bangsar | CITTA Mall | Mont' Kiara

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Tag us in your photos and stand to be featured!

EVENTS | NEWS

FLEXI-CARE and FULL DAY PROGRAMME

Term 2 intake is still ongoing for our Chiltern House Preschool's Flexi-Care (until 3.30pm) and Full Day programme (until 5.30pm) in Bangsar and CITTA Mall centre.

Designed to nurture additional set of skills in the children, they can enjoy on top of their half day routine, the core subjects: **Project! Project!, Creative Writing**, and the Mandarin subjects from Chengzhu - **Chinese Cultural Arts**, and **Language Learners**.

For more information on our Flexi-Care and Full Day preschool programme, drop us an enquiry by visiting www.chilternhouse.com.my or call our respective centres at 03-2095 5500 (Bangsar) and 03-7832 2233 (CITTA Mall).



ON THE COVER

Chinese Cultural Evening 2019

The festive cheer was thick in the air with highlights of the evening including a live Chinese orchestra performance, Chinese art and craft and calligraphy, tasting and making of Chinese delicacies, lion dance performance, and a host of colourful performances by our team of Mandarin educators.

Our Mont' Kiara centre was certainly a hive of activities, thanks to the wonderful support from our Julia Gabriel Centre and Chiltern House parents who have joined in our annual Chinese cultural celebration. (Please turn over for more coverage)



JULIA GABRIEL CENTRE'S MAY 2019 HOLIDAY PROGRAMMES

Join our team of specialist educators for **FIVE DAYS** of fun and exploration in our mid-year holiday programmes.

This May holidays, play and bond with your baby through a multi-sensory experience in our **Adult-Accompanied** holiday programme, immerse your child in a fun and thematic drama adventure in our **Speech & Drama and Readers & Writers Camp!** Let your child experience what it's like to stand on stage, perform for an audience and hear their applause!

This will be a fun-filled, thrilling 5-day camp specially designed for your child's age.

An exciting adventure awaits. Join us from 27th to 31st May, at Julia Gabriel Centre CITTA Mall located on Level 3.

Register your child now for a holiday experience unlike any other! Visit us at www.juliagabriel.com.my



HIGHLIGHTS OF CHINESE CULTURAL EVENING

More highlights from our annual Chinese cultural immersion, co-hosted by Julia Gabriel Centre and Chiltern House Preschool, exclusively for our parents and children.





DRAMATICALLY DIFFERENT CONVERSATION

How drama helps children gain a sense of self

Growing up with a healthy sense of self is important. Why? Because it affects our attitude and our behaviour towards those around us and ourselves. Our sense of self contributes to how we accept differences of opinion and lifestyle, how compassionate we are towards others, how much we care about the environment, as well as our levels of motivation, how we form relationships, how we communicate and how we value our own bodies.

Consistent participation in or exposure to an arts discipline, such as drama, contributes enormously to this healthy sense of self - a fundamental ingredient to successfully acquiring key 21st century skills such as creativity, communication, connection and confidence.

Mastering a creative activity requires discipline and dedication, as well as emotional and physical commitment. This doesn't mean that every child has to become a professional dancer or musician to get something meaningful out of the activity. On the contrary, the process alone of taking part is beneficial. Regular exposure to a creative activity will contribute enormously to your child's sense of self as they expand their understanding of the world. There is a caveat to this to bear in mind, however! It is important that participation takes place in a positive, joyful and encouraging environment. As soon as pressure or threats become a part of the equation - then the enjoyment - and value is lost!

Why is exposure to an art form so beneficial? When we experience something, whatever the activity, we feel it, absorb it and, as research indicates, we are more likely to remember it. The process of discovery and learning becomes easier. Though every child has their unique learning style, generally 80% to 90% of their learning will be achieved through experience.

As children learn to communicate their individual experiences, verbally and non-verbally, they learn to express their innermost thoughts and feelings. As they do so, they learn about themselves. They develop an understanding of their own emotions. For example, what makes them feel happy or sad. What they like and dislike. They learn how to be kind, courageous and confident while they build up their personal résumé of what makes them tick.

One of the most important building blocks for all creative activities, and a fundamental focus in our Speech and Drama programmes at Julia Gabriel Centre and Mandarin Expressions programme at Chengzhu, is imagination. When we permit children the freedom to imagine, we hand them the keys to a realm of possibilities. Through artistic expression, whether acting in a theatre production, role-play or improvisation, learning a musical instrument or dance, painting, craft making or creative writing, children form an awareness of their potential, laying the founda-

-tions for their future. As Barack Obama said: "The future belongs to young people with an education and the imagination to create."

Global statistics indicate that children who have been instructed in the arts tend to perform better in academic subjects at school. And today, many employers recognise the value of well-rounded students to the success of their organisations. "Arts education aids students in skills needed in the workplace: flexibility, the ability to solve problems and communicate; the ability to learn new skills, to be creative and innovative, and to strive for excellence" (Dr Joseph M Calahan, Vice President, Xerox Foundation).

The arts celebrate and define all aspects of our lives. They allow participants and viewers a communication platform to all cultures, societies and personal ideals of expression. When we try to understand culture and society, our own and others, we give ourselves the chance to also comprehend our place within it. Exposure to the arts presents opportunities for children to gain ideas and knowledge which they can then use to establish their own moral codes and standards of behaviour, ideally employing them to co-exist peaceably as they communicate openly and tolerantly with those around them.

Source: Julia Gabriel Education, Singapore.